

Rialto
RACQUET
& FITNESS
C E N T E R

proudly announces our new...

Weekly Fitness Orientation

As a token of gratitude and appreciation, the Rialto Racquet and Fitness Center presents to our loyal members a **FREE** informational service. To be offered 2 days per week at the following times:

Every Tuesday from 5 pm - 7 pm

(5 pm - 6 pm is the group ex class, 6 pm - 7 pm is the lecture/Q&A)

2nd & 4th Thursday of each month from 5 pm - 7 pm

(5 pm - 6 pm is the group ex class, 6 pm - 7 pm is the lecture/Q&A)

1st & 3rd Saturdays of each month from 10 am - 12 pm

**\$50 Value
Per Day
FREE!**

Orientation offers:

**ALL members must
reserve a spot for each
orientation in advance.
See the front desk for
more information.*

- An engaging discussion on a variety of fitness topics led by a certified fitness instructor. Different topics will be explored and discussed each week!
- An open Q&A period where you can pose individual questions to our fitness instructor.
- A **FREE** fitness assessment.



Call (909) 820-2611 today!
1243 S. Riverside Ave, Rialto CA 92376